

CACFP (Child Care) Menus

WEEK 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Purple Plums (fresh or canned) Pancakes (HM or frozen) (WG) USDA A-15 Maple Syrup Fluid Milk ¹	Pineapple Tidbits WW Toasted English Muffin (WG) Fluid Milk ¹	Mandarin Oranges  Biscuits (HM or canned) USDA Recipe B040 Fluid Milk ¹	Honeydew Melon (or seasonal fruit) Vanilla Yogurt Fluid Milk ¹	Banana Ready-to-Eat Cereal (WG) Fluid Milk ¹
Lunch/Supper BBQ Chicken USDA Recipe D110 Dill Pickle Spears Baked Beans USDA Recipe I-060 Enriched Bread Fluid Milk ¹	Roast Beef Mashed Potatoes USDA Recipe I123 Green Beans (fresh, frozen or canned) Dinner Rolls Fluid Milk ¹	Tuna Salad in Mini Pocket Pita (WG) USDA F-11 Carrot Sticks Strawberries (fresh or frozen) Fluid Milk ¹	Veracruz Bean Tortillas (MSR) Avocado Slices  Pico de Gallo USDA G-150 Fluid Milk ¹	Macaroni & Cheese USDA D-20 Red & Green Pepper Strips Spinach & Pear Salad Fluid Milk ¹
Snacks Sliced Peaches Cottage Cheese Water ²	Apple Spice Muffin (RIMT®)  Fluid Milk ¹	Soft Pretzel/w Honey Mustard Dip Fruit Cocktail Water ²	String Cheese Crackers (WG) Water ²	Graham Crackers/w sunflower butter Water ²

¹Whole unflavored milk children 1 to 2 years of age and nonfat or low-fat 1% unflavored fluid milk to children 2 years of age through 5 years;

²Water available at all meals

- Whole Grain – Rich (WG)
- Homemade – (HM)
- Multicultural Standardized Recipes (MSR)
- USDA – Standardized Recipes
- Rainbow In My Tummy® Standardized Recipes (RIMT®) Contact your local Education Service Center (ESC) for RIMT® recipes listed on the menus.

