

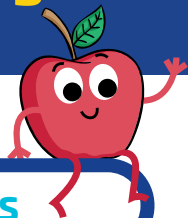
Level Up

with a Healthy School Breakfast

Groceries

Shopping List K - 12

SquareMeals.org/SBW

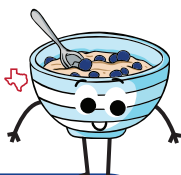


Canned Goods

- Applesauce, Unsweetened **
- Peaches, Sliced
- Pears, Sliced **
- Pineapple Tidbits **

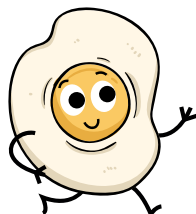
Meat/Meat Alternate *** >

- Egg Patties ✚
- Eggs, Liquid, Frozen ** ✚
- Turkey Frankfurter ✚
- Turkey Sausage Links ✚
- Turkey Sausage Patties ✚



Other

- Brown Sugar
- Margarine
- Pan Release Cooking Spray
- Plastic Cups and Lids
- Sugar, Granulated
- Vanilla Extract
- Water



Dairy

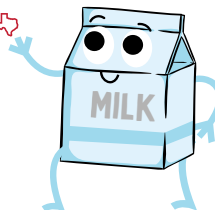
- Cheese, Sliced ** ✚
- Milk 1% Unflavored > ✚
- Yogurt, Low-fat, Vanilla ✚

Whole Grains

- Graham Crackers ✚
- Oatmeal, Quick Cook ✚
- WG Croissant ✚
- WG Flatbread ✚
- WG Roll Dough ✚
- WG Sliced Bread > ✚

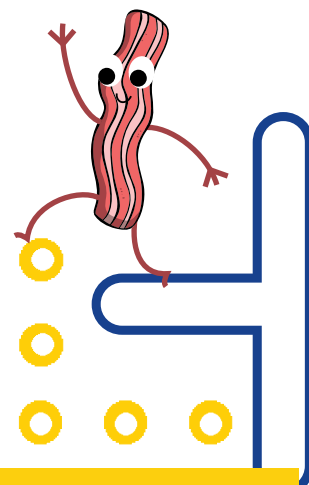
Seasonings

- Cinnamon, Ground ✚
- Ginger, Ground ✚



Produce

- Bananas, Fresh
- Blueberries, Frozen **
- Cantaloupe, Melons
- Grapefruit, Fresh @ ✚
- Honeydew, Melons
- Kiwi, Fresh
- Lemons, Fresh
- Oranges, Fresh @ ✚
- Strawberries, Sliced, Fresh
- Strawberries, Frozen **



KEY

- # May be available through DoD Fresh Fruit & Vegetable Program
- > May be available from a local producer
- @ Available through DoD Farm to School
- ** Available through USDA Foods
- ✚ Seasonally Available in March



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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