



## TOP 10 LIST

### WAYS TO SUCCESSFULLY LAUNCH Menu Enhancement and NUtrition (MENU) Module



- 1. Dedicate at least one person (in addition to you) to work on MENU Module.**  
*This is especially important when you are setting up menu cycles for the first time.*
- 2. Schedule weekly time on your calendar to work on MENU Module and keep MENU Module a priority.**  
*If you do not schedule time for MENU Module, your time can fill up with other tasks.*
- 3. Find a place where you can work on MENU Module uninterrupted.**  
*Always work on MENU Module in this same place to establish good habits.*
- 4. Communicate to others about needing quiet time to work on MENU Module.**  
*Use your “Working on MENU Module” sign to let others know that you need focus time.*
- 5. Use MENU Module resources.**  
*Explore MENU Module’s helper, “Amigo,” TDA’s training resources, or other resources available on MENU Module’s webpage at [squaremeals.com](http://squaremeals.com).*
- 6. Follow a logical sequence to create menu cycles in MENU Module.**  
*See TDA’s “Process Map: MENU Module” for MENU Module steps.*
- 7. Organize and keep all MENU Module materials together.**  
*Create an electronic folder for MENU Module documents on your computer and keep any physical files organized in a binder.*
- 8. Communicate with your peers and superiors regularly about how MENU Module makes your team more efficient and benefits students.**  
*Spread the word about MENU Module so that others can support you.*
- 9. Find an accountability partner that you can talk to about MENU Module.**  
*A dedicated person for you to lean on can help to make you successful.*
- 10. Stay motivated by keeping MENU Module fun and focusing on long term goals.**  
*Remind yourself regularly of why you are launching MENU Module.*



# TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER

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