

SUPERIOR BEAN & SEED

FARM PROFILE

This month's featured farm is from Sudan, a small town in the High Plains region of Texas. Superior Bean & Seed has been a family owned and operated farm for the last 60 years. They grow and process fresh beans and seeds including the black-eyed pea.

Black-eyed peas are a popular summer crop in the High Plains because they mature quickly. Many people eat black-eyed peas on New Year's for good luck, but they can and should be eaten all year round for their high protein and fiber content.

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Owner: Jason Trotter

Founded: 1950s

Location: Sudan, Texas

Specialty: Black-eyed peas and pinto beans



SUDAN,
TEXAS

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