Jewish schools, institutions, and sponsors participating in the National School Lunch Program, School Breakfast Program, Child and Adult Care Food Program, or Summer Food Service Program may request approval for variations in the food components of meals served when there is evidence that such variations are

- nutritionally sound, and
- necessary to meet ethnic, religious, economic, or physical needs.

Meals served in the above-named facilities may be exempted from the enrichment portion of the bread requirement and may substitute unenriched matzo for the bread requirement during the religious observance of Passover. Enriched matzo used as a bread/bread alternate must be served at all other time during the year.

In addition, these types of facilities may be exempted from the meal pattern requirement that milk be served with all lunches and suppers. This exemption applies only to meals serving meat or poultry since Jewish Dietary Law allows milk to be served with meat alternates such as fish, cheese, eggs, nut and seed butter, and nuts and seeds.

Facilities seeking the milk exemption must choose a substitution from the following three options and maintain in their files a record of the options they have chosen.

**Option I**

Serve an equal amount of full-strength juice in place of milk with lunch or supper. Juice substituted for milk may not contribute to the vegetable/fruit requirement.

If the facility operates five days a week, it may substitute juice for milk twice per week for lunches and twice for suppers, but with only one substitution per day.

If the facility operates seven days a week, it may substitute juice for milk three times per week for lunches and three times a week for suppers, but with only one substitution per day.

Milk substitutions are limited since milk is a primary source of calcium and riboflavin. When using Option I, serve other good sources of calcium (green leafy vegetables such as broccoli and greens) and riboflavin (dark green and yellow fruits and vegetables and whole-grain or enriched breads and cereals).

**Option II**

Serve milk at an appropriate time before or after the meal service period, in accordance with applicable Jewish...
Dietary Law.

Option III

Serve the supplement (snack) juice component at lunch or supper. Serve the lunch or supper milk component as part of a supplement (snack).

NOTE: Since children are not always present for both meal services, Options II and III are not permitted in the following types of facilities:

- outside-school-hours care centers under the CACFP, and
- non-camps under the SFSP.

An exemption is not necessary for breakfasts served under the SBP, CACFP, and SFSP.

Facilities wishing to exercise the available options must notify their contract manager. CACFP contractors and SFSP sponsors shall provide the notification on behalf of their facilities or sites. The decision to exercise the above options shall be determined at the facility or site level.