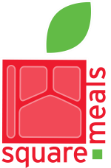
Week 1\*

Food and Nutrition Division

National School Lunch Program

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | Hamburger  Cheeseburger | Pepperoni Pizza  Cheese Pizza | Steak Fingers Bowl with Gravy and Roll | Meat Nachos  Cheese Nachos | Chicken Alfredo Pasta |
| **Grains** | WG Hamburger Bun | WG Pizza Crust | WG Roll | Corn Tortilla Chips | WG Noodles |
| **Meat/Meat Alternate** | Hamburger Patty Cheese Slice | Shredded Cheese  Pepperoni | Steak Fingers | Taco Meat (Beef, Chicken, Pulled Pork) Nacho Cheese | Chicken |
| **Vegetable** | Tomatoes and Lettuce  Baby Carrots | Green Beans | Mashed Potatoes  Baby Carrots | Beans Tomatoes and Lettuce | Broccoli |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Week 2\*



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| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | Chicken and Waffles | Meat Tacos  Black Bean Tacos | Beefy Mac | Philly Cheesesteak | Teriyaki Chicken Bowl |
| **Grains** | WG Waffle | WG Tortilla | WG Macaroni Noodles | WG Sub Roll | WG Rice |
| **Meat/Meat Alternate** | Chicken Tenders | Taco Meat  Black Beans Cheese | Beef Spaghetti Sauce | Philly Meat  Cheese | Chicken with Teriyaki Sauce |
| **Vegetable** | Carrots | Corn | Beans  Carrots | Bell Peppers Sandwich Toppings | Broccoli |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Week 3\*

Week 4\*

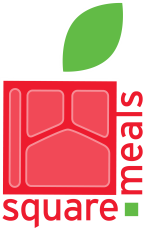
|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | Hamburger  Cheeseburger | Pepperoni Pizza  Cheese Pizza | Steak Fingers Bowl with Gravy and Roll | Meat Nachos  Cheese Nachos | Chicken Alfredo Pasta |
| **Grains** | WG Hamburger Bun | WG Pizza Crust | WG Roll | Corn Tortilla Chips | WG Noodles |
| **Meat/Meat Alternate** | Hamburger Patty Cheese Slice | Shredded Cheese  Pepperoni | Steak Fingers | Taco Meat  Nacho Cheese | Chicken |
| **Vegetable** | Tomatoes and Lettuce  Baby Carrots | Green Beans | Mashed Potatoes  Baby Carrots | Beans Tomatoes and Lettuce | Broccoli |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

\*Serve with choice of milk

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | **Chicken and Waffles** | **Meat Tacos**  **Black Bean Tacos** | **Beefy Mac** | **Philly Cheesesteak** | **Teriyaki Chicken Bowl** |
| **Grains** | WG Waffle | WG Tortilla | WG Macaroni Noodles | WG Sub Roll | WG Rice |
| **Meat/Meat Alternate** | Chicken Tenders | Taco Meat (Chicken, Beef, Pulled Pork, BBQ) | Beef Spaghetti Sauce | Philly Meat  Cheese | Chicken with Teriyaki Sauce |
| **Vegetable** | Carrots | Corn | Beans  Carrots | Bell Peppers Sandwich Toppings | Broccoli |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Cold Entrée Suggestions

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Cold Entrée** | **Nut/Nut Free Butter & Jelly Sandwich + Additional MMA** | **Deli Meat & Cheese Wrap or Sandwich** | **Salad Entrée** | **Protein Pack** | **Cold Entrée** |
| **Grains** | WG Sandwich Bread | WG Tortilla Wrap OR WG Bread | WG Crackers WG Roll/Breadstick | WG Pretzels OR Crackers | **Grains** |
| **Meat/Meat Alternate** | Nut Butter/Nut Free Butter + Cheese Stick OR Yogurt | Deli Meat  Sliced Cheese | Cheese Hard Boiled Egg Deli Meat Fajita Meat | Hummus Hard Boiled Egg Cheese Sauce Yogurt | **Meat/Meat Alternate** |
| **Cold Entrée** | **Nut/Nut Free Butter & Jelly Sandwich + Additional MMA** | **Deli Meat & Cheese Wrap or Sandwich** | **Salad Entrée** | **Protein Pack** | **Cold Entrée** |
| **Grains** | WG Sandwich Bread | WG Tortilla Wrap OR WG Bread | WG Crackers WG Roll/Breadstick | WG Pretzels OR Crackers | **Grains** |
| **Meat/Meat Alternate** | Nut Butter/Nut Free Butter + Cheese Stick OR Yogurt | Deli Meat  Sliced Cheese | Cheese Hard Boiled Egg Deli Meat Fajita Meat | Hummus Hard Boiled Egg Cheese Sauce Yogurt | **Meat/Meat Alternate** |



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