Week 1\*

Food and Nutrition Division

National School Lunch Program

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component**  | **Monday**  | **Tuesday** | **Wednesday**  | **Thursday** | **Friday** |
| **Hot Entrée** | HamburgerCheeseburger | Pepperoni PizzaCheese Pizza | Steak Fingers Bowl with Gravy and Roll | Meat NachosCheese Nachos  | Chicken Alfredo Pasta  |
| **Grains** | WG Hamburger Bun | WG Pizza Crust | WG Roll | Corn Tortilla Chips | WG Noodles |
| **Meat/Meat Alternate** | Hamburger PattyCheese Slice | Shredded CheesePepperoni  | Steak Fingers | Taco Meat (Beef, Chicken, Pulled Pork)Nacho Cheese | Chicken  |
| **Vegetable** | Tomatoes and LettuceBaby Carrots | Green Beans | Mashed Potatoes Baby Carrots | BeansTomatoes and Lettuce | Broccoli  |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Week 2\*



TEXAS DEPARTMENT OF AGRICULTURE
**COMMISSIONER SID MILLER**

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Food and Nutrition Division

National School Lunch Program

Updated 06/2020

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| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | Chicken and Waffles | Meat TacosBlack Bean Tacos | Beefy Mac | Philly Cheesesteak  | Teriyaki Chicken Bowl |
| **Grains** | WG Waffle | WG Tortilla | WG Macaroni Noodles | WG Sub Roll | WG Rice |
| **Meat/Meat Alternate** | Chicken Tenders | Taco Meat Black BeansCheese | Beef Spaghetti Sauce | Philly Meat Cheese | Chicken with Teriyaki Sauce |
| **Vegetable** | Carrots | Corn | BeansCarrots | Bell PeppersSandwich Toppings | Broccoli  |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Week 3\*

Week 4\*

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component**  | **Monday**  | **Tuesday** | **Wednesday**  | **Thursday** | **Friday** |
| **Hot Entrée** | HamburgerCheeseburger | Pepperoni PizzaCheese Pizza | Steak Fingers Bowl with Gravy and Roll | Meat NachosCheese Nachos  | Chicken Alfredo Pasta  |
| **Grains** | WG Hamburger Bun | WG Pizza Crust | WG Roll | Corn Tortilla Chips | WG Noodles |
| **Meat/Meat Alternate** | Hamburger PattyCheese Slice | Shredded CheesePepperoni  | Steak Fingers | Taco Meat Nacho Cheese | Chicken  |
| **Vegetable** | Tomatoes and LettuceBaby Carrots | Green Beans | Mashed Potatoes Baby Carrots | BeansTomatoes and Lettuce | Broccoli  |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

\*Serve with choice of milk

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Component** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Hot Entrée** | **Chicken and Waffles** | **Meat Tacos****Black Bean Tacos** | **Beefy Mac** | **Philly Cheesesteak** | **Teriyaki Chicken Bowl** |
| **Grains** | WG Waffle | WG Tortilla | WG Macaroni Noodles | WG Sub Roll | WG Rice |
| **Meat/Meat Alternate** | Chicken Tenders | Taco Meat (Chicken, Beef, Pulled Pork, BBQ) | Beef Spaghetti Sauce | Philly Meat Cheese | Chicken with Teriyaki Sauce |
| **Vegetable** | Carrots | Corn | BeansCarrots | Bell PeppersSandwich Toppings | Broccoli  |
| **Fruit** | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Cold Entrée Suggestions

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Cold Entrée** | **Nut/Nut Free Butter & Jelly Sandwich + Additional MMA**  | **Deli Meat & Cheese Wrap or Sandwich** | **Salad Entrée**  | **Protein Pack** | **Cold Entrée** |
| **Grains** | WG Sandwich Bread | WG Tortilla Wrap ORWG Bread | WG CrackersWG Roll/Breadstick | WG Pretzels ORCrackers | **Grains** |
| **Meat/Meat Alternate** | Nut Butter/Nut Free Butter + Cheese Stick ORYogurt | Deli MeatSliced Cheese | CheeseHard Boiled EggDeli MeatFajita Meat | HummusHard Boiled EggCheese SauceYogurt | **Meat/Meat Alternate** |
| **Cold Entrée** | **Nut/Nut Free Butter & Jelly Sandwich + Additional MMA**  | **Deli Meat & Cheese Wrap or Sandwich** | **Salad Entrée**  | **Protein Pack** | **Cold Entrée** |
| **Grains** | WG Sandwich Bread | WG Tortilla Wrap ORWG Bread | WG CrackersWG Roll/Breadstick | WG Pretzels ORCrackers | **Grains** |
| **Meat/Meat Alternate** | Nut Butter/Nut Free Butter + Cheese Stick ORYogurt | Deli MeatSliced Cheese | CheeseHard Boiled EggDeli MeatFajita Meat | HummusHard Boiled EggCheese SauceYogurt | **Meat/Meat Alternate** |



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