

NATIONAL SCHOOL LUNCH PROGRAM
Presented By:
TDA Nutrition Staff

## Fall 2020

Planning Resources and Strategies


TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER
This product was funded by USDA This institution is an equal opportunity provider.




# Meal Service Models and Considerations 



## Cafeteria Service

Meals are served to students in the cafeteria with additional safety, distancing and sanitation practices implemented.

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Meals in the Classroom
Meals are brought to the classroom and students remain in their classrooms for the duration of the meal.

## Kiosks/Mobile Service

Meals are served on mobile food carts located throughout a school's campus. Utilize an online menu system to promote the menu such as School Café

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## CHILD NUTRITION

## Transitional Menu Planning

## Overview

## What is transitional menu planning

- Planning for various scenarios for the Fall 2020 in order to easily change from one service style to another for the entire district or for a single site.


## Overview of TDA Transitional Menu Planning Tool

- https://squaremeals.org/FandNResources/CoronavirusUpdateforContractingEntities/FallPlanning Resources.aspx


## Transitional Menu Planning Strategies for Planning

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## Transitional Menu Planning Strategies for Planning

## Equipment

- Physical equipment

Packaging

- Physical packaging

1. Inventory

- Packaging through food vendor


## Food items

- Physical inventory
- USDA Survey
- On bid with co-op or food vendor


## CHILD NUTRITION

## Transitional Menu Planning Strategies for Planning

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## Transitional Menu Planning Strategies for Planning

Use existing menu

- Food inventory
- Staff knowledge

Highlight student favorites
Limit entrées

- 1 hot entrée and 1 cold entrée
- Offer choices
- Macaroni \& Cheese
- Macaroni \& Cheese with Popcorn Chicken


## Serve style



## Transitional Menu Planning Example Menu

| Component | Monday | Iuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hot Entrée | Plain Mac \& Cheese Meat Mac \& Cheese | Buffalo Chicken Wrap BBQ Chicken Wrap | Calzone Meat Calzone | Grilled Cheese <br> Grilled Deli \& Cheese | Orange Chicken Bowl |
| Crains | WG Macaroni | WG Tortilla Wrap | WG Calzone Pizza Dough | WG Sandwich Bread | Brown Rice |
| Meat/Meat Alternate | Cheese Topping (Popcorn Chicken, Popcorn Shrimp, BBQ Beef) | Fajita Chicken Strips Cheese | Cheese <br> Filling (Pepperoni, Hamburger Beef, Sausage) | Cheese Deli Meat | Popcorn Chicken with Orange Sauce |
| Vegetable | Carrots | Bean Salad | Cucumber Slices Cherry Tomatoes | Carrots | Broccoli |
| Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit | Fresh Fruit | Fruit Cup/Canned Fruit |

Transitional Menu Planning Tool: Week 4 Example Menu

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## Transitional Menu Planning Customize Menu

| Component | Planned Monday | Actual Monday | Planned Tuesday | Actual Tuesday |
| :---: | :---: | :---: | :---: | :---: |
| Hot Entrée | Plain Mac \& Cheese Meat Mac \& Cheese | Mac \& Cheese Plain Mac \& Cheese w/ Popcorn Shrimp | Buffalo Chicken Wrap BBQ Chicken Wrap | Turkey Ham \& Cheese Wrap |
| Grains | WG Macaroni | WG Macaroni | WG Tortilla Wrap | WG Tortilla |
| Meat/Meat Alternate | Cheese <br> Topping (Popcorn Chicken, Popcorn Shrimp, BBQ Beef) | Cheese Popcorn Shrimp | Fajita Chicken Strips Cheese | Turkey Ham Cheese |
| Vegetable | Carrots | Baby Carrots | Bean Salad | Black Bean \& Corn Salad |
| Eruit | Fruit Cup/Canned Fruit | Strawberry Cup | Fresh Fruit | Fresh Apple |

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## Transitional Menu Planning Strategies for Planning

## CHILD NUTRITION

## Transitional Menu Planning

## Considerations

## Equipment

- Equipment for 2 meal services in classroom?
- Carts to push down hall?
- Acquire equipment by the time school starts?

Packaging
3. Service Styles

- What items with food vendor
- What packaging do you already order
- Find small equipment to make packing bulk items easier
Staffing


## Transitional Menu Planning Strategies for Planning

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## Transitional Menu Planning Packaging Options

Stackable clamshells for hot and cold foods


Containers that hold multiple meal components while keeping them separate


## Transitional Menu Planning Packaging Options

| Cups |
| :--- |
| - Combo Entrées |
| - Pastas |
| - Soups |
| - Fruit |
| - Vegetables |


| Foil Wrap |
| :--- |
| - Hot Sandwiches |
| - Hot Wraps |
| - Burgers |
| - Tacos |
| - Hot dogs |

## Considerations

- Cost of product vs cost labor hour
- Small equipment
- Saddle Bags
- Plastic/Paper Wrap Wall Mount Cutter

Paper Wrap

- Cold Sandwiches
- Cold Wraps
- Use designed paper for promotional days

Plastic Wrap

- Containers without lids
- Trays of food
- Use colored wrap for promotional days


## Other Ideas

- Examples from social media or restaurants
- Concession packaging (hamburgers, hotdogs, fries)


## Transitional Menu Planning Service Style Variations

| Menu item | Traditional Cafeteria Service | Grab and Go/ Kiosk | Meals in the Classroom |
| :--- | :--- | :--- | :--- |
| Nachos | - Weigh individual servings of <br> chips in pre-portioned boats <br> Cheese and taco meat in <br> separate half pans | - Weigh individual servings of <br> chips in pre-portioned boats <br> Place cheese and taco into to- <br> go containers | - Weigh individual servings of <br> chips in pre-portioned boats <br> - Place cheese and taco into to- <br> go containers |
| Pasta <br> (Spaghetti, <br> Macaroni) | - Serve in 2-inch or 4-inch hotel <br> pan <br> Separate by noodles, sauce, and <br> meat | - Place single serving in <br> container: clamshell, cup, label | - Place single serving in <br> container: clamshell, cup, label |

Transitional Menu Planning Tool: Service Styles

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## Transitional Menu Planning Strategies for Planning

"Don't build a rocket ship to go across the street."


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Headlines

Public Notice, Proposed Waiver Request: Administrative Review Cycle

The U.S. Department of Agriculture (USDA) provides state agencies with the option to request a statewide waiver of the Administrative Review cycle for the School Nutrition Programs (SNPs). TDA is equesting a statewide waiver from USDA to perform SNP
Administrative Reviews on a four-year cycle and to waive the
Seamless Summer Option (SSO) reviews for CEs with no findings during an Administrative Review conducted in the same school year.

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(7) Child and Adult Care Food Program (-) Commodity Supplemental Food Program ( $\odot$ The Emergency Food Assistance Program (-Farmers Market Nutrition Program © Food Assistance for Disaster Relief
© Food Distribution Program for CN Programs (-) Fresh Fruit and Vegetable Program

- National School Lunch Program
(-) School Breakfast Program © Senior Farmers Market Nutrition Program (-) Special Milk Program (ㄷ) Summer Feeding Programs



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## Planning Resources School Reopening Checklist

- Items to consider in school foodservice:
- Meal service, food, menus, point of sale, food preparation
- Staffing, scheduling, accountability
- Communication with key stakeholders
- Consider pre-ordering as an opportunity to reduce food waste

Meal Service
Provide hand sanitizer at meal
service service
$\square$ Individually wrapped condiments

- Add additional trash cans

Discontinue salad bars

- Pause self-service for now - Pause share tables - Mark off physical barriers $\square$ Sanitize between mealtimes a Smaller groups of students
- Have social distancing at tables
- Stagger mealtimes
a Use tape to mark $6^{\prime}$ for students
Food
- Collaborate with distributors regarding availability
- Connect with local suppliers
$\square$ Maintain inventory of shelfstable food
- Modify annual bid items
- Modify annual bid quantities
- Plan for increased food waste

Scheduling
a Extra time for meal assembly - Extra time for meal distribution

- Extra time for meal prep - Extra time for sanitization - Extra time to deliver meals
- Consider high risk staff that might be omitted or might need alternative task
- Address staff who may be unable to work
due to other reasons (illness/childcare)

Staffing
$\square$ Cross-training (train on essential duties in case of key absences) $\square$ Dietetic interns - Health check-ins a Multiple work teams a Promote employee wellness $\square$ Recruit other school employees - Recruit unemployed restaurant workers - Training for Back to School - Training for COVID-19 protocol $\square$ Update list of staff available for in-person, remote, and on-call work - Update sick policy, if applicable
aVolunteers


## Planning Resources

## Bulk Meals Resources

Seamless Summer Option: Providing Multiple Meals at a Time During the Coronavirus (COVID-19) Pandemic

The US. Department of Agriculture (USDAA is working with State Child Nutrition agencies to provide safe

National Schoo I Lunch Program's Seamless Summer Option (SSOI) Under nationwide non-congregate
reeding and meal times waivers, State agencies may allow Program operators to provide more than 1 day
worth of meals to eligible children via a single meal pick-up (by the child or the child's parent or guardian)
or delivery. ${ }^{12}$ For example, asso site may distribute 2 days of meals on Monday morning, providing
program particicants with breakkast and lunch for both Monday and Tuesday.
Under the SSO, what meals and snacks can Program operators clalm for relmbursement
per child, per day?
per child, per day?

- Breakfast and lunch;

Breakast and snack

- Lunch and snack;
- Breakfast and supper;
- Supperand snack.

What should Program operators consider when deciding how many days of meals to provide
ta time?

- How long foods may be safely stored before eating.

How long foods can be stored before food quality suffers.
Participants access to refingerato
amounts of food and milk provided
Food storage space at the meal distribution sitit and on
Whealdeivery venicis (er in
Whether fewer pick-up days and
times will decrease access to meals
times will decrease

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Child and Adult Care Food Program: Providing Multiple Meals at a Time for Children During the Coronavirus (COVID-19) Pandemic

The U.S. Department of Agriculture (USDA) is working with State Child Nutrition agencies to provide safe and flexible meal service to children during the coronavirus (COVID-19) pandemic. Under nationwide non-congregate feeding and meal times waivers, State agencies may allow Child and Adult Care Food Program (CACFP) operators to provide more than 1 day's worth of meals to eligible children via a single meal pick-up (by the child or their parent or guardian) or delivery. ${ }^{12}$ For example, a child care site may distribute 4 days of meals on Monday morning, providing children with breakfast and lunch for Monday through Thursday.

## What Meals and Snacks Can CACFP Operators Claim for Reimbursement?

- Child Care: Up to 2 meals and 1 snack, or 2 snacks and 1 meal, per child per day.
- At-Risk Afterschool: Up to 1 meal and 1 snack, per child per day.

What Should Program Operators Consider When Deciding How Many Days of Meals To Provide at a Time?

- How long foods may be safely stored before eating.
How long foods can be stored before food quality suffers.
- Participants'access to refrigeration and reezer space for the amounts of food and milk provided.
Food storage space at the child care site and on meal delivery vehicles (such as buses or food trucks).
Whether fewer pick-up days and times will decrease access to meals for some children



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## Planning Resources SNA Thought Starter Resource



## CHILD NUTRITION

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## Planning Resources SNA Thought Starter Resource



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## Headlines

Nutrition Assistance
Programs

Public Notice, Proposed Waiver Request: Administrative Review Cycle
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## Planning Resources SNA Thought Starter Resource <br> TEXAS DEPARTMENT OF AGRICULTURE

 FOOD muNUTRITITON 3E'S OF HEALTHY LIVING DivifionFall Planning Resources


## MENU MATTERS

This model of service requires several of the same menu considerations as the classroom delivery model. One significant difference? Items that can be easily transported by children, especially without spills. "Rice bowls, no. Chicken sandwich, yes," suggests Sally Spero.

Service and packaging are intricately related to your menu decisions in the approach. What menu items on the line will equire servers to scoop or place into, say a multi-compat require servers to scoop or place into, say, a multi-compart use this style of packaging, how will students manage to carry multiple individually packaged items? You likely will need to rovide take-out bags at cashier stations.

Are all these packaged items durable for student trans port-both spill- and leak-resistant? Do they stand up to heat? How do the performance factors of your packaging dictate the menu items you are considering? What are the implicafions on classroom trash, as well as the overall school/district efforts to prioritize compostable or recyclable packaging? And, of course, every such decision comes, literally, at a cost.

Self-service items will be off-limits, which means no salad nd food bars. However, if you have sufficient staff, you could offer customizable meal builds, with students identifying the different ingredients they would like staff to use to assemble deli sandwiches, salads, pasta bowls and so on. In fact, this may even be easier to facilitate with students coming to the afeteria in signica mall something you offer right at the start of the new year

## THOUGHT STARTERS

Are there regulatory waivers you need to implement your plan?

## ${ }^{\wedge}$

How far away is the cafeteria from most classrooms? Does it necessitate travel up and down stairs? Elevators? How much ime will be added to meal periods to accommodate small groups traveling to and rom classrooms and the cafeteria?

## -

Do you have sufficient meal packaging upplies? Or will you continue to us reusable trays and/or utensils that must be returned to the cafeteria for cleaning? How will this be managed? Will you provide carts or a bus tub to classrooms or hallway areas?

If you establish points of service from mobile kiosks that use hot/cold food wells and pay tations, are there electrical outlets nearby to ower these? How about Wi-Fi?

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## Planning Resources California State Resources

- Planning Framework Resource provided by the Los Angeles County Superintendents Task Force in conjunction with California's Department of Education and Department of Public Health.

Los Angeles County Schools:
Rising to the Challenge of COVID-19

A Planning Framework tor 2020-21 School Year
Volume One • May 27, 2020

- Planning framework to help school leaders assess needs, prepare and execute a plan for the 2020-2021 School Year amidst the COVID-19 pandemic.
- Provides considerations, recommendations, and best practices to ensure a safe and successful school year.
- Guidance is not mandated, or state required as local school districts have the authority and flexibility to meet their individual needs and be responsive to their communities.


## Planning Resources Georgia State Resources

- Guidance developed by Georgia Department of Education and Department of Public Health to support districts and communities.
- Focuses heavily on the health and physical requirements necessary for reopening schools.

- Recommendations are based on if there is substantial spread, minimal/moderate spread, and low/no spread.


## Planning Resources <br> Legumes To-Go from www.usapulses.org

Salad in a cup: Blazing Buffalo Chickpea Salad

Use chickpeas, beans, lentils, or split peas for tacos


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## Planning Resources

## Bulk to IW Ideas

Canned items can be drained and served in a plastic cup with lids: refried beans, mashed potatoes, vegetables and fruits
-Collinsville ISD


Deconstructed southwest meal to go from Pelham ISD
Food Management example of boxed meals at a hospital


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## Planning Resources <br> Bulk to IW Ideas from Fatima Tai @ Little Elm ISD

The bulk items that we individually wrapped in our kitchens included bean and cheese burrito, plain croissant, and at one site we individually wrapped items such as chicken nuggets.

The bean and burrito was wrapped in a frozen state in aluminum foil allowing the students to heat in the oven at home. Plain Croissants were wrapped in sandwich bags. We also individually wrapped broccoli florets and celery sticks in sandwich bags.

Instructions were sent home with all items that were not ready to eat and heating. The instructions were shared via three venues:

1. Printed and distributed at the site during meal service
2. Social Media
3. District's Website

## Planning Resources <br> Bulk to IW Ideas @ Temple ISD



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## Planning Resources

## Bulk to IW Ideas from Jill Lawson, CND

Glen Rose ISD has been fortunate to have had the opportunity to feed students during the emergency school closure.

I feel that our commodities were a great gift during our emergency COVID-19 feeding. We were able to utilize some of the pork leg roasts (first time trying that commodity product) and made a delicious and nutritious BBQ Sandwich with coleslaw that was a hit with the kids. We used commodity ground beef and tomato products to make a beef goulash.

We also have used the commodity shredded lite mozzarella cheese to make 'Pizza Kits' utilizing the cheese and Red Gold Marinara that we packaged for grab and go. These pizza kits were a hit with the kids!

The commodity frozen green beans were a great veggie that we have used during this time as well.

We have been stocking up on packaging items to be prepared to take those bulk items and utilize them to the best of our ability to feed kids.

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## Planning Resources <br> Bulk to IW Ideas @ Dawson ISD




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## Planning Resources www.SquareMeals.org



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Nutrition Assistance
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## LOCAL FOOD SOURCES





## Sources

## of local food

Texas is a nationwide leader in farm income for many agricultural products.
\#1 for watermelon
\#2 for cattle
\#3 for oranges and grapefruit
\#4 for rice
\#6 for broiler chickens
\#6 for onions
\#5 for milk
\#8 for vegetables
\#9 for fruit and nuts
\#9 for mushrooms
\#10 for wheat
*97\% of Texas farms and ranches are family operations

## Farm Fresh Network

## Texas Farm Fresh Network

- An online database of producers interested in selling products directly to Child Nutrition program operators
- Information collected includes seasonal availability of products, contact information, and distribution radius
- 142 members as of June 2020


## Child Nutrition Support

- The Farm Fresh Team can work to connect Child Nutrition staff to Farm Fresh Network members in their area or with products of interest
- Peer to peer connections are made to encourage learning from experienced programs





## Using Geographic Preference

2008 Farm Bill encouraged schools to buy locally grown and locally raised products "to the maximum extent practicable and appropriate" Only applies to unprocessed or minimally processed items Learn more: USDA Memo SP 18-2011

## Defining Local

The definition of local cannot be a product specification, but it can be a preference to procure unprocessed and minimally processed items.

## Include specifications that target local foods indirectly

This is where you can use your market research.
Example: Choose a variety that is commonly grown in your region Choose a fish that is only caught in waters off the coast of your state

## Micro-purchase procedure

- Use for purchases $<\$ 10,000$
- 3 step process:
- Purchase product
- Document transaction
- Distribute equitably
- A good fit for a unique product
- Sample receipt can be found in TDA's Let's Get Growing: Harvest (page 6)

- Use for purchases <\$50,000 or the local threshold
- Also referred to as " 3 bids and a buy"
- You may contact specifically local producers
- Record quotes; quotes can be verbal
- Only award to responsive and responsible vendors
- Think about technical requirements that make sense for your area




## Farm Fresh Resources

## Emergency Procurement:

Guidance available in the FAQs on Square Meals Coronavirus Page (currently under COVID-19 FAQ for SFSP and SSO; Coming Soon: FAQ for NSLP School Year 2020-21)

Webinar: Purchasing Texas-Grown Food During COVID-19


Recording and slides
available under Training
section of Fall Planning
Resources page on
Square Meals

## Texas Farm Fresh on Square Meals

## Contact Farm Fresh: FarmFresh@texasagriculture.gov



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# Contact Us 

www.squaremeals.org 877-TEX-MEAL
nutrition@texasagriculture.gov

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Questions?

